

Health History

Height: _____ **Weight:** _____ **BMI:** _____ **Smoker:** Yes / No

What medications do you take, reasons, and date started? Example: nerve pills, pain killers, aspirin, muscle relaxers, stimulants, blood thinners, tranquilizers, cholesterol, insulin: _____

Who is your medical doctor? _____

What supplements do you take? None _____

Family History: Cancer Diabetes High Blood Pressure Heart Problems Arthritis
Other _____

Patient History: Do you have/had the following conditions: (circle all that apply)

Heart Attack/Stroke	Heart Surgery/Pacemaker	Heart Murmur	Mitral Valve Prolapse
Alcohol/Drug Abuse	Hepatitis/HIV+/Aids	Prostate Problems	Cancer/Chemotherapy
Arthritis	Severe/Frequent Headaches	Psychiatric Problems	Kidney problems
High/Low Blood Pressure	Ulcers/Colitis	Sinus problems	Fainting/Seizures/Epilepsy
Asthma/Breathing problems	Diabetes/Tuberculosis	Artificial Joints	Birth Control Pills

Other medical conditions/illnesses: _____

Hospitalizations: _____

Allergies: food, medicine, seasonal, other: _____

List all surgeries: _____

List all accidents: _____

Are you interested in Nutritional Advice? Yes / No

Do you Exercise? Yes / No

Do you have Orthotics or arch supports? Yes / No

Is your mattress comfortable? Yes / No

Are you pregnant? Yes / No weeks: _____

Are you interested in Weight Loss? Yes / No

Do you need new Orthotics? Yes / No

Do you sleep on a cervical pillow? Yes / No

Breastfeeding? Yes / No

Have you ever seen a Chiropractor before? Yes / No Whom? _____

Was it for the same problem? _____ **Did you get relief?** _____

I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any change to the information that I have provided.

Signature: _____ **Date:** ____/____/____